



**ELMHURST YMCA
POOL LAP SWIM SCHEDULE COURTS MEMBERS (August 1-August 14, 2022)**

Time	Sunday				Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	
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9:00 a.m.	8:15-10:00	8:15-10:00	8:15-10:00																										
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11:00 a.m.	10:15-12:30	10:15-12:30	10:15-12:30																										
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1:45 p.m.	Family Lap Swim		12:45-2:45	12:45-2:45																									
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8:00 p.m.																													

Please plan accordingly and be on time for sessions. This schedule is subject to change with additional programming. Members under the age of 18 must pass the deep water swim test to swim in the deep end. Anyone that does not pass the deep water swim test will be subject to wearing a coast guard approved PFD.