## **ELMHURST PARK DISTRICT OUTDOOR POOLS**

Free usage for Courts Plus members during Courts Plus annual pool shutdown Jul 31 – Aug 13



## **EAST END POOL**

463 Schiller Street, Elmhurst Phone: (630) 993-8986

Summer Season: Thru August 13

Monday-Friday 5:30am-8:30am Lap Swim

11:30am-12:30pm Pool Pass Holders 12:30pm-8pm Open Swim

Saturday Noon-1pm Pool Pass Holders

1pm-8pm Open Swim

Sunday 11am-Noon Pool Pass Holders

Noon-8pm Open Swim

Water Fitness (the only class available for free to Courts Plus members)
Ages 18 and up
Monday-Thursday
Jul 31 - Aug 10 7:45am-8:45am

This popular water exercise program will help improve your cardiovascular system, strengthen your core and tone your muscles. It will integrate specific principles and creative movement progressions to motivate and challenge.

## **NORMAN P. SMALLEY POOL**

665 S. York Street, Elmhurst Phone: (630) 993-8985

Summer Season: Thru-August 13

Sunday-Saturday 10am-11am Pool Pass Holders

11am-6pm Open Swim

