

**ELMHURST PARK DISTRICT - COURTS PLUS
POOL**

(NAME - PLEASE PRINT LEGIBLY)

(BIRTH DATE - REQUIRED)

IMPORTANT INFORMATION

The Elmhurst Park District is committed to conducting its recreation programs and activities in a safe manner and hold the safety of participants in high regard. The Elmhurst Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents / guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child / ward are physically fit and / or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Swimming is a sport which challenges and engages the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to drowning, head/brain injury, and cervical spine injury. Understandably, not all hazards and dangers can be foreseen. The very nature of swimming is hazardous and risky, including but not limited to fatigue and overexertion, poor swimming skills failing to avoid dangerous areas, horseplay, diving or cannon-balling into shallow water and striking the bottom or side of the pool, poor supervision or instruction, lack of conditioning, becoming disoriented, striking other swimmers, defective or inadequate equipment, striking one's head on the bottom when using a diving block, slipping or falling on the deck or within the locker facility, chemical exposure and all other circumstances inherent to the sport of swimming. In this regard, it must be recognized that it is impossible for the Elmhurst Park District to guarantee absolute safety.

WAIVER & RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the Elmhurst Park District program for which you / your child are registering, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, and loss which you or your minor child / ward might sustain as a result of participating in any and all activities connected with and associated with said program / activity.

I recognize and acknowledge that there are certain risks of physical injury to participants in this program / activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child / ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child / ward may have (or accrue to me or my child / ward) as a result of participating in this program / activity against the Elmhurst Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred to as "Elmhurst Park District").

I do hereby full release and forever discharge the Elmhurst Park District from any and all claims for injuries, damages, or loss that my minor child / ward or I may have or which may accrue to me or my minor child / ward and arising out of, connected with, or in any way associated with this program / activity.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

(SIGNATURE OF PARTICIPANT - REQUIRED)

(DATE)

(SIGNATURE OF PARENT OR GUARDIAN IF PARTICIPANT IS UNDER 18 YEARS OF AGE)

PARTICIPATION WILL BE DENIED If the signature of adult participant or parent / guardian and date are not on this waiver.